

Erectile Dysfunction and Premarital Sex

Men often come to see me complaining of impotence or erectile dysfunction. It is my practice not to prescribe medication such as Viagra to men who are not married. This may seem strange or “old-fashioned.” I will try to explain the reasons for this policy.

It is my belief that premarital sex is wrong. Therefore, to prescribe a medication that helps make it possible to have premarital sex is also wrong. For the same reason, I do not prescribe birth control to women who are not married.

What’s wrong with premarital sex? Sex is a wonderful thing, a good thing, but only if done properly. In the same way, a river is a beautiful thing, but if it rages out of control and flows out of its banks, it can be very destructive. Sex can also be very destructive.

Premarital sex is harmful physically, mentally and spiritually. Premarital sex increases a person’s risk for sexually transmitted diseases including syphilis, gonorrhea, hepatitis, and AIDS. Premarital sex, especially if with more than one partner can lead to emotional harm as well, including depression, loss of self-esteem, and a sense of shame. Premarital sex is also against the law, God’s law, that is. God has spelled out for us right and wrong in the Bible. Sex before or outside of the bounds of marriage is against God’s law for us. “It is God’s will that you should be holy: that you should avoid sexual immorality.” God knows what is best for us. Premarital sex, like many other things, may feel good, but is harmful to us in the long-run.

You may have a different opinion about premarital sex. Yet, I’m sure you can understand that for me to prescribe Viagra would violate my strongly held beliefs. I urge you to think about what you are doing, to reconsider and begin to do the right thing.

If you would like to discuss this further, just let me know.

Sincerely,

John Smith, M.D.